

June 2007

## CLASS TIDBITS:

- Congratulations to Melissa Dodson, Lee & Mary Tee Moore's granddaughter, on being named Drum Major for Carroll Senior High School - a big honor.
- Congratulations to Kory and Jennifer Knott on their expectation of a baby in November.
- Remember to attend craft night the third Tuesday of each month.
- Congratulations to Nita Patrick on her re-election to the Irving Board of Education.
- Thank you Dames & Streets for the great Dinner hosted at the Dame's home.
- Please forward your changes to the class roster to Ed Dame.

# The Kum Doubles Messenger

## Grandpa's Keys

Written by Gramma Johns

When I was a young boy about ten years old I used to visit my Grandpa and Grandma.

Grandpa would sit and tell stories about when he was young.

Most of all I remember what looked like a hundred keys that Grandpa had hanging on a nail at the back door. Grandpa had fashioned a piece of wire into a large loop with a clever hook that held the loop together much like a safety pin. All the keys were hanging from this wire loop.

Grandpa would put a towel on the kitchen table and I would take all the keys off the wire and line them up on the towel. Grandpa would caution me not to lose any of his keys.

I would organize all the keys into groups of similar looking keys and keys of the same color. He had some long black keys that looked like a nail with a round end and long black teeth on the other end.

He would pick up each key and gently rub it between his finger and thumb and explain about each key.

"This one is for the front door of the house. This is the one to the house where your mom and dad lived before you were born.

"This is the key to my mothers house, your great grandmother, before it burned down 25 years ago."

"This is my skeleton key" he would say with a smile. I loved my grandpa very much, but I was not about to ask any questions about his skeleton key.

Grandpa also had some brass keys which he studied with his keen eyes. "This is the key to my old Ford that wore out many years ago."

This is the key to the Oldsmobile that I drive now, and this the key to the trunk of my car. This is the key to the car that Grandma used to drive, and this is the key to the garage." Grandpa never does lock the garage though.

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## A Boy's Prayer

Author unknown

My son Gilbert was eight years old and had been in Cub Scouts only a short time. During one of his meetings he was handed a sheet of paper, a block of wood and four tires and told to return home and give all to "dad."

That was not an easy task for Gilbert to do. Dad was not receptive to doing things with his son. But Gilbert tried. Dad read the paper and scoffed at the idea of making a pine wood derby car with his young, eager son.

The block of wood remained untouched as the weeks passed. Finally, mom stepped in to see if

I could figure this all out. The project began. Having no carpentry skills, I decided it would be best if I simply read the directions and let Gilbert do the work. And he did. I read aloud the measurements, the rules of what we could do and what we couldn't do.

Within days his block of wood was turning into a pine wood derby car. A little lopsided, but looking great (at least through the eyes of mom). Gilbert had not seen any of the other kids cars and was feeling pretty proud of his "Blue Lightning," the pride that comes with

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# The Kum Doubles Messenger

## Announcements

- June 19 is Craft night.
- Block out July 14th for the July Class party.
- July 16-19 is VBS. If you want a lot of fun, volunteer to help out. Last year there were nearly 100 Volunteers, and they need more.
- Block Out October 20th for the Annual Fall Craft Show & Sale.
- Block Out November 10th for the Annual Lord's Acre Auction.
- Block out December 15th for the Annual Christmas Party.
- Donate your used prescription bottles for missions.
- Donate your used strawberry containers for VBS.

June 2007

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

## Birthdays

12 Jimmy Burkett  
 19 Novice Nicholson  
 21 Bill Reynolds

## Anniversaries

6 Paul & Dottie Creech  
 7 Lewis & Nita Patrick  
 15 Dick & Mary Lou Niethamer  
 22 Les & Becky Flanery  
 29 David & Sylvia Mayhew

## June Sunday School Study Plan

Date	Teacher	Study	Scripture
3	Street	Committed to People	Amos 5
10	Dame	God's Indictment of Israel	Hosea 4
17	Clough	True Worship	Isaiah 1
24	Parsons	Finding Satisfaction	Isaiah 55

## Party Planner

Mon	Day	Host	Activity	Time	Notes
Jan		Committee	Chili Diner		
Feb	12	Street	Gaither Concert	6 PM	.
Mar	17	Monty	Amazing Grace		
Apr	21	Patrick	BBQ		
May	5	Dame & Street	Dinner		
Jun		Committee			
Jul	14	Alleman & Dayton	Picnic		Family Life Center
Aug		Committee			
Sep		Holcomb & Love			
Oct	20	Committee	Fall Craft Show		
Nov		Henson & Carver			
Dec	15	Committee	Christmas Party		Fellowship Hall

## Prayer Requests

[Pages 3 & 4 are not published on the internet]

## Praises

## Politics & Religion

### Ga. Schools Cautious on Bible Classes

By DOUG GROSS

Published: Wednesday, May 02, 2007

ATLANTA - Georgia's public schools walk a delicate line as they decide whether to offer the nation's first state-funded Bible classes \_ measuring the difference between preaching and teaching with the likelihood of costly lawsuits looming for those that miss the mark.

The state school board approved curriculum in March for teaching the Bible in Georgia's high schools, but there hasn't been a rush of schools to start up the classes. Only a handful of the state's 180 school districts have agreed to offer the elective classes so far.

"It has been a very thoughtful, healthy process," said Robin Pennock, deputy schools superintendent of Muscogee County, where the school board decided to offer the Old Testament and New Testament classes next fall.

"Most people do realize that this is an area that many people can feel very passionate about."

It's difficult to confirm how many school boards have adopted or are considering the classes. However, Muscogee \_ which borders Alabama and includes the city of Columbus and the Army's Fort Benning \_ is one of the state's largest districts to have done so.

"It's important to understand religion; it's something we've gotten too far away from," said Jan Pease, whose 15-year-old daughter attends Northside High School in Columbus.

The Bible already is incorporated into comparative religion and other public school classes in many states, but those classes are funded by the local districts, not with money from state government.

The Georgia law allowing the state-funded Bible classes won overwhelming approval last year from both Democrat and Republican lawmakers. The classes must be taught "in an objective and nondevotional manner with no attempt made to indoctrinate students."

Lawmakers in Alabama, Missouri,

Tennessee and Texas have considered similar plans this year, although none has received final approval. One proposal in Texas would require all high school students to take a Bible class.

Supporters say fully understanding history, literature and political science \_ from the writings of Martin Luther King Jr. to the war in Iraq \_ requires knowledge of the Bible.

"I don't think you can understand Shakespeare, that you can understand a great deal of literary allusions or that you can understand a great deal of Western civilization without understanding the role of the Bible," said Pennock, a former Western civilization teacher.

The Rev. Charles Hasty, of First Presbyterian Church in Columbus, said he hopes exposure to the Bible's teachings may lead some students to seek out a more spiritual approach in their lives.

"It's going to challenge the faith of some students and it may foster the faith of others," Hasty said.

Critics fear the classes could easily turn into endorsements of Christianity.

"Georgia has set teachers up for failure," said Charles Haynes, of the First Amendment Center, a Washington D.C.-based civil liberties group.

"The chances of it being unconstitutional are pretty big and the pitfalls are huge."

His group supports religious discussions and study of the Bible in public schools, but Haynes says Georgia's law fails to give enough guidance to teachers on the difference between academic study and spiritual teaching.

No additional training for teachers is required, although Barrow and Muscogee counties, which both will offer the classes, plan to give teachers an online course and other special preparation.

Haynes said the lack of direction in state law makes schools vulnerable to lawsuits if students

feel religion is being endorsed.

"People are going to sue," he said. "That's why the Legislature should have been more responsible about putting school boards in situations where they might have to spend hundreds of thousands of dollars, split their communities and end up in a courtroom."

The First Amendment Center and Georgia's branch of the American Civil Liberties Union both say they plan to monitor how the classes are taught.

Concern about violating the separation of church and state is a reason why some of Georgia's largest districts have steered clear of the classes so far.

"We have to be very careful with that," said Joe Buck, chairman of the Savannah-Chatham County Board of Education. His school system has made no move yet to consider the classes.

Pease, a Christian, said she'd support schools teaching comparative religion classes, including those that studied the holy books of other major faiths like Islam's Quran.

"I don't think any particular religion needs to be pushed on anyone," she said. "But I do think it's important to teach about them."

*A service of the Associated Press(AP)*

## Trivial Pursuit

Submitted by Karla Yager

In the 1400's a law was set forth in England that a man was allowed to beat his wife with a stick no thicker than his thumb. Hence we have "the rule of thumb"

Many years ago in Scotland, a new game was invented. It was ruled "Gentlemen Only...Ladies Forbidden"...and thus the word GOLF entered into the English language.

The first couple to be shown in bed together on prime time TV were Fred and Wilma Flintstone.

Every day more money is printed for Monopoly than the U.S. Treasury.

Men can read smaller print than women can; women can hear better.

Coca-Cola was originally green.

It is impossible to lick your elbow.

The State with the highest percentage of people who walk to work: Alaska

The percentage of Africa that is wilderness: 28% (now get this...)

The percentage of North America that is wilderness: 38%

The cost of raising a medium-size dog to the age of eleven: \$6,400

*(Continued on page 8)*

## Things To Remember

Submitted by Christine Burkett

1. Faith is the ability to not panic.
2. If you worry, you didn't pray. If you prayed, don't worry.
3. As a child of God, prayer is kinda like calling home every day.
4. Blessed are the flexible, for they shall not be bent out of shape.
5. When we get tangled up in our problems, be still. God wants us to be still so He can untangle the knot.
6. Do the math. Count your blessings.
7. God wants spiritual fruit, not religious nuts.
8. Dear God: I have a problem. It's me.
9. Silence is often misinterpreted, but never misquoted.
10. Laugh every day -- it's like inner jogging.
11. The most important things in your home are the people.
12. Growing old is inevitable, growing up is optional.
13. There is no key to happiness. The door is always open. Come on in.
14. A grudge is a heavy thing to carry.

15. He who dies with the most toys is still dead.

16. We do not remember days, but moments. Life moves too fast, so enjoy your precious moments.

17. Nothing is real to you until you experience it; otherwise it's just hearsay.

18. Its all right to sit on your pity pot every now and again. Just be sure to flush when you are done.

19. Surviving and living your life successfully requires courage. The goals and dreams you're seeking require courage and risk-taking. Learn from the turtle, it only makes progress when it sticks out it's neck.

20. Be more concerned with your character than your reputation. Your character is what you really are, while your reputation is merely what others think you are. No matter the storm, when you are with God, there's always a rainbow waiting. Leave gentle fingerprints on the soul of another for the angels to read.

I don't want to get to the end of my life and find that..... I lived just the length of it. I want to have lived the width of it as well.✠

## HOW LONG DO WE HAVE

Submitted by Harrold Henson

About the time our original thirteen state adopted their new constitution in 1787, Alexander Tyler, a Scottish history professor at the University of Edinburgh, had this to say about the fall of the Athenian Republic some 2,000 years earlier:

"A democracy is always temporary in nature; it simply cannot exist as a permanent form of government."

"A democracy will continue to exist up until the time that voters discover they can vote themselves generous gifts from the public treasury."

"From that moment on, the majority always vote for the candidates who promise the most benefits from the public treasury, with the result that every democracy will finally collapse due to loose fiscal policy, which is always followed by a dictatorship."

"The average age of the world's greatest civilizations from the beginning of history, has been about 200 years."

"During those 200 years, those nations always progressed through the following sequence:

1. from bondage to spiritual faith;
2. from spiritual faith to great courage;
3. from courage to liberty;
4. from liberty to abundance;
5. from abundance to complacency;
6. from complacency to apathy;
7. from apathy to dependence;
8. From dependence back into bondage"✠



*Grandpa's Key's cont.**(Continued from page 1)*

Grandpa lovingly studied more keys. "This is the key to the storage shed. Sometime on Sunday I go over to the church to start the furnace, so this is the key to the church."

Then grandpa picked up a strange looking key and smiled. "This is a skate key. This is the key to my bicycle lock." Grandpa had not had a bicycle in over 30 years and who knows when he used to skate.

Then Grandpa picked up the strangest looking key I had ever seen. "This is not a key at all." he laughed, "It is a wrench for tightening up my bicycle spokes."

"This is the key to the office building where I used to work, this is the key to the front door of the office, and this little key fits the file cabinet there." Grandpa retired 15 years ago.

Grandpa then picked up about 20 keys from the table and explained "These keys are LFL keys." Then he smiled and explained LFL meant long forgotten locks.

Grandpa also had another ring of keys that were hung very high on the back door frame. These keys were much larger, the ring was gold in color and the ring was welded so it could not be opened to remove keys. Grandpa explained that these keys were hung on the highest point on the door because they were the most important keys of all and are not to be played with because they were so valuable. He said when I got older he was going to give me those special keys.

Each key was about 5 inches long and had words printed on them. Grandpa told me that the special keys were the keys to everything important. These are the keys of life and the keys to Heaven. The wording on key keys must be studied, lived and its message imprinted in your brain and branded into your soul.

Grandpa lived up to his promise. On my eighteenth birthday I went to visit Grandma and Grandpa. He tenderly handed the keys to me. When I studied the keys I realized what my Grandpa meant when he spoke of the keys.

The 1st key was gold in color and the most important of all the keys. On one side it said "LOVE". On the other side it said "Love of God, fellow man, friends, family and children, Love of country, Love of God's creations and Love of God's unfortunate souls".

The 2nd key and all of the other keys were silver. On one side it said "FORGIVE". On the other side it said "Forgive your enemy, forgive those who do you harm, forgive those who say and do unkind things to you or about you".

The 3rd key said "PATIENCE". On the reverse side it said "Patience of people, traffic, long lines, those who fail to show patience and patience toward children, old people and the handicapped.

The 4th key said "UNDERSTANDING". Try to see the other side of the issue"

The 5th key said "HAPPINESS". Be happy even in adversity. Remember every cloud has a silver lining and as the cloud passes the sun will shine again.

The 6th key said "THANKFUL". Be thankful for all you have and do not be saddened by the things you do not have.

The 7th key said "INDUSTRIOUS". Remember if a job is worth doing, it is worth doing right, and a honest days work for an honest days pay".

The 8th key said "CLEANLINESS". Keep your body and your mind clean. Cleanliness is next to Godliness".

The 9th key said "HONESTY". Be truthful at all times and remember some of the worst lies are shrouded in silence".

The 10th key said "EDUCATION". Learn to be all you can be. Do not let your mind go to waste".

Now, I'm the grandpa and although I do not have as many keys as my Grandpa had in his collection. The most important keys are hung on the highest point of my back door. When my first grandchild reaches her eighteenth birthday I will tell her about my Grandpas key and how she and her family should live by the keys message. I will ask her to pass them to her oldest grandchild.†

**EL COMPUTADOR**

**A** SPANISH Teacher was explaining to her class that in Spanish, unlike English, nouns are designated as either masculine or feminine.

"House" for instance, is feminine: "la casa."

"Pencil," however, is masculine: "el lapiz."

A student asked, "What gender is 'computer'?"

Instead of giving the answer, the teacher split the class into two groups, male and female, and asked them to decide for themselves whether "computer" should be a masculine or a feminine noun.

Each group was asked to give four reasons for its recommendation.

The men's group decided that "computer" should definitely be of the feminine gender ("la computadora"), because:

1. No one but their creator understands their internal logic;
2. The native language they use to communicate with other computers is incomprehensible to everyone else;
3. Even the smallest mistakes are stored in long term memory for possible later retrieval; and
4. As soon as you make a commitment to one, you find yourself spending half your paycheck on accessories for it.

The women's group, however, concluded that computers should be Masculine ("el computador"), because:

1. In order to do anything with them, you have to turn them on;
2. They have a lot of data but still can't think for themselves;
3. They are supposed to help you solve problems, but half the time they ARE the problem; and
4. As soon as you commit to one, you realize that if you had waited a little longer, you could have gotten a better model.

The women won.†

## Wash Your Soda Cans

Submitted by Bob Potter

This incident happened recently in North Texas .

A woman went boating one Sunday taking with her some cans of coke which she put into the refrigerator of the boat. On Monday she was taken to the hospital and placed in the Intensive Care Unit. She died on Wednesday.

The autopsy concluded she died of Leptospirosis. This was traced to the can of coke she drank from, not using a glass. Tests showed that the can was infected by dried rat urine and hence the disease Lep-

tospirosis.

Rat urine contains toxic and deathly substances. It is highly recommended to thoroughly wash the upper part of soda cans before drinking out of them. The cans are typically stocked in warehouses and transported straight to the shops without being cleaned.

A study at NYCU showed that the tops of soda cans are more contaminated than public toilets (i.e).. full of germs and bacteria. So wash them with water before putting them to the mouth to avoid any kind of fatal accident. †

### Trivial Pursuit Cont.

(Continued from page 5)

The average number of people airborne over the U.S. in any given hour: 61,000

Intelligent people have more zinc and copper in their hair.

The first novel ever written on a typewriter: Tom Sawyer.

The San Francisco Cable cars are the only mobile National Monuments.

Each king in a deck of playing cards represents a great king from history:

Spades - King David

Hearts - Charlemagne

Clubs -Alexander, the Great

Diamonds - Julius Caesar

$111,111,111 \times 111,111,111 = 12,345,678,987,654,321$

If a statue in the park of a person on a horse has both front legs in the air, the person died in battle. If the horse has one front leg in the air the person died as a result of wounds received in battle. If the horse has all four legs on the ground, the person died of natural causes.

Only two people signed the Declaration of Independence on July 4th, John Hancock and Charles Thomson. Most of the rest signed on August 2, but the last signature wasn't added until 5 years later.

Q. Half of all Americans live within 50 miles of what?

A, Their birthplace

Q. Most boat owners name their boats. What is the most popular boat name requested?

A. Obsession

Q. If you were to spell out numbers, how far would you have to go until you would find the letter "A"?

A. One thousand

Q. What do bulletproof vests, fire escapes, windshield wipers, and laser printers all have in common?

A. All were invented by women.

Q. What is the only food that doesn't spoil?

A. Honey

Q. Which day are there more collect calls than any other day of the year?

A. Father's Day

In Shakespeare's time, mattresses were secured on bed frames by ropes. When you pulled on the ropes the mattress tightened, making the bed firmer to sleep on. Hence the phrase..... "goodnight, sleep tight."

It was the accepted practice in Babylon 4,000 years ago that for a month after the wedding, the bride's father would supply his son-in-law with all the mead he could drink. Mead is a honey beer and because their calendar was lunar based, this pe-

riod was called the honey month, which we know today as the honeymoon.

In English pubs, ale is ordered by pints and quarts... So in old England, when customers got unruly, the bartender would yell at them "Mind your pints and quarts, and settle down." It's where we get the phrase "mind your P's and Q's"

Many years ago in England, pub frequenters had a whistle baked into the rim, or handle, of their ceramic cups. When they needed a refill, they used the whistle to get some service. "Wet your whistle" is the phrase inspired by this practice.

AND FINALLY

At least 75% of people who read this will try to lick their elbow! †

*A Boy's Prayer Cont.*

*(Continued from page 1)*

knowing you did something on your own. Then the big night came. With his blue pine wood derby in his hand and pride in his heart we headed to the big race. Once there my little one's pride turned to humility. Gilbert's car was obviously the only car made entirely on his own. All the other cars were a father-son partnership, with cool paint jobs and sleek body styles made for speed.

A few of the boys giggled as they looked at Gilbert's, lopsided, wobbly, unattractive vehicle. To add to the humility, Gilbert was the only boy without a man at his side. A couple of the boys who were from single parent homes at least had an uncle or grandfather by their side, Gilbert had "mom."

As the race began it was done in elimination fashion. You kept racing as long as you were the winner. One by one the cars raced down the finely sanded ramp. Finally it was between Gilbert and the sleekest, fastest looking car there. As the last race was about to begin, my wide eyed, shy, eight year old ask if they could stop the race for a minute, because he wanted to pray. The race stopped.

Gilbert hit his knees clutching his funny looking block of wood between his hands. With a wrinkled brow he set to converse with his Father. He prayed in earnest for a very long minute and a half. Then he stood, smile on his face and announced, 'Okay, I am ready.'

As the crowd cheered, a boy named Tommy stood with his father as their car sped down the ramp. Gilbert stood with his Father within his heart and watched his block of wood wobble down the ramp with surprisingly great speed and rushed over the finish line a fraction of a second before Tommy's car.

Gilbert leaped into the air with a loud "Thank you" as the crowd roared in approval. The Scout Master came up to Gilbert with microphone in hand and asked the obvious question, "So you prayed to win, huh, Gilbert?" To which

my young son answered, "Oh, no sir. That wouldn't be fair to ask God to help you beat someone else. I just asked Him to make it so I don't cry when I lose."

Children seem to have a wisdom far beyond us. Gilbert didn't ask God to win the race, he didn't ask God to fix the outcome. Gilbert asked God to give him strength in the outcome. When Gilbert first saw the other cars he didn't cry out to God, "No fair, they had a fathers help." No, he went to his Father for strength.

Perhaps we spend too much of our prayer time asking God to rig the race, to make us number one, or too much time asking God to remove us from the struggle, when we should be seeking God's strength to get through the struggle. "I can do everything through Him who gives me strength." Philippians 4:13.

Gilbert's simple prayer spoke volumes to those present that night. He never doubted that God would indeed answer his request. He didn't pray to win, thus hurt someone else, he prayed that God supply the grace to lose with dignity. Gilbert, by his stopping the race to speak to his Father also showed the crowd that he wasn't there without a "dad," but His Father was most definitely there with him. Yes, Gilbert walked away a winner that night, with his Father at his side.✠

## Congressional Lunacy

From The Hayes Daily News by R W Yeager Norton, Ks

Submitted by Danny Parsons

**W**e need to show more sympathy for these people. They travel miles in the heat, they risk their lives crossing a border, they don't get paid enough wages, they do jobs that others won't do or are afraid to do, they live in crowded conditions among a people who speak a different language, they rarely see their families, and they face adversity all day everyday.

I'm not talking about illegal Mexicans. I'm talking about our troops. Doesn't it seem strange that Congress is willing to lavish all kinds of social benefits on illegal's, but don't support our troops and are now threatening to de-fund them?✠

## Not Everything Is Lost

Submitted by Christine Burkett

**T**he poet Naomi Shihab Nye wrote up this Albuquerque Airport experience. "Wandering Around an Albuquerque Airport Terminal"

By Naomi Shihab Nye

After learning my flight was detained 4 hours, I heard the announcement: "If anyone in the vicinity of gate 4-A understands any Arabic, please come to the gate immediately.

Well -- one pauses these days. Gate 4-A was my own gate. I went there. An older woman in full traditional Palestinian dress, just like my grandma wore, was crumpled to the floor, wailing loudly. Help, said the flight service person. Talk to her. What is her problem? We told her the flight was going to be four hours late and she did this. I put my arm around her and spoke to her haltingly. "Shu dow-a, shu-biduck habibti, stani stani schway, min fadlick, sho bit se-wee?" The minute she heard any words she knew -- however poorly used - she stopped crying. She thought our flight had been cancelled entirely. She needed to be in El Paso for some major medical treatment the following day. I said, "No, no, we're fine, you'll get there, just late, who is picking you up? Let's call him and tell him."

We called her son and I spoke with him in English. I told him I would stay with his mother till we got on the plane and would ride next to her. She talked to him. Then we called her other sons just for the fun of it. Then we called my dad and he and she spoke for a while in Arabic and found out, of course, they had ten shared friends. Then I thought, just for the heck of it, why not call some Palestinian poets I know and let them chat with her. This all took up about 2 hours. She was laughing a lot by then. Telling about her life. Answering questions.

She had pulled a sack of homemade ma-mool cookies -- little powdered sugar crumbly mounds stuffed with dates and nuts -- out of her bag -- and was offering them to all the women at the gate. To my amazement, not a single woman declined one. It was like a sacrament. The traveler

*(Continued on page 12)*

## FEMALE HEART ATTACKS

Submitted by Carolyn Strappel

I was aware that female heart attacks are different, but this is the best description I've ever read.

Women and heart attacks (Myocardial infarction)

Did you know that women rarely have the same dramatic symptoms that men have when experiencing heart attack...you know, the sudden stabbing pain in the chest, the cold sweat, grabbing the chest & dropping to the floor that we see in the movies. Here is the story of one woman's experience with a heart attack.

"I had a completely unexpected heart attack at about 10:30 pm with NO prior exertion, NO prior emotional trauma that one would suspect might've brought it on. I was sitting all snugly & warm on a cold evening, with my purring cat in my lap, reading an interesting story my friend had sent me, and actually thinking," A-A-h, this is the life, all cozy and warm in my soft, cushy Lazy Boy with my feet propped up." A moment later, I felt that awful sensation of indigestion, when you've been in a hurry and grabbed a bite of sandwich and washed it down with a dash of water, and that hurried bite seems to feel like you've swallowed a golf ball going down the esophagus in slow motion and it is most uncomfortable. You realize you shouldn't have gulped it down so fast and needed to chew it more thoroughly and this time drink a glass of water to hasten its progress down to the stomach. This was my initial sensation---the only trouble was that I hadn't taken a bite of anything since about 5:00 p.m.

"After that had seemed to subside, the next sensation was like little squeezing motions that seemed to be racing up my SPINE (hind-sight, it was probably my aorta spasming), gaining speed as they continued racing up and under my sternum (breast bone, where one presses rhythmically when administering CPR). This fascinating process continued on into my throat and branched out into both

jaws.

"AHA!! NOW I stopped puzzling about what was happening--we all have read and/or heard about pain in the jaws being one of the signals of an MI happening, haven't we? I said aloud to myself and the cat, "Dear God, I think I'm having a heart attack !" I lowered the foot rest, dumping the cat from my lap, started to take a step and fell on the floor instead. I thought to myself "If this is a heart attack, I shouldn't be walking into the next room where the phone is or anywhere else.....but, on the other hand, if I don't, nobody will know that I need help, and if I wait any longer I may not be able to get up in moment."

"I pulled myself up with the arms of the chair, walked slowly into the next room and dialed the Paramedics... I told her I thought I was having a heart attack due to the pressure building under the sternum and radiating into my jaws. I didn't feel hysterical or afraid, just stating the facts. She said she was sending the Paramedics over immediately, asked if the front door was near to me, and if so, to unbolt the door and then lie down on the floor where they could see me when they came in. "I then laid down on the floor as instructed and lost consciousness, as I don't remember the medics coming in, their examination, lifting me onto a gurney or getting me into their ambulance, or hearing the call they made to St. Jude ER on the way, but I did briefly awaken when we arrived and saw that the Cardiologist was already there in his surgical blues and cap, helping the medics pull my stretcher out of the ambulance. He was bending over me asking questions (probably something like "Have you taken any medications?") but I couldn't make my mind interpret what he was saying, or form an answer, and nodded off again, not waking up until the Cardiologist and partner had already threaded the teeny angiogram balloon up my femoral artery into the aorta and into my heart where they installed 2 side by side stints to hold open my right coronary artery.

"I know it sounds like all my thinking and actions at home must have taken at least 20-30 minutes before calling the Paramedics, but actually it took perhaps 4-5 minutes before the call, and both the fire station and St. Jude are only minutes away from my home, and my Cardiologist was already to go to the OR in his scrubs and get going on restarting my heart (which had stopped somewhere between my arrival and the procedure) and installing the stints.

"Why have I written all of this to you with so much detail?

Because I want all of you who are so important in my life to know what I learned first hand."

1. Be aware that something very different is happening in your body not the usual men's symptoms, but inexplicable things happening (until my sternum and jaws got into the act ). It is said that many more women than men die of their first (and last) MI because they didn't know they were having one, and commonly mistake it as indigestion, take some Maalox or other anti-heartburn preparation, and go to bed, hoping they'll feel better in the morning when they wake up....which doesn't happen. My female friends, your symptoms might not be exactly like mine, so I advise you to call the Paramedics if ANYTHING is unpleasantly happening that you've not felt before. It is better to have a "false alarm" visitation than to risk your life guessing what it might be!

2. Note that I said "Call the Paramedics". Ladies, TIME IS OF THE ESSENCE! Do NOT try to drive yourself to the ER--you're a hazard to others on the road, and so is your panicked husband who will be speeding and looking anxiously at what's happening with you instead of the road. Do NOT call your doctor--he doesn't know where you live and if it's at night you won't reach him anyway, and if it's daytime, his assistants (or answering service) will tell you to call the Paramedics. He doesn't carry the equipment in his

*(Continued on page 12)*

## Cheap Labor

Submitted by Danny Parsons

From a California school teacher - -  
**F**"As you listen to the news about the student protests over illegal immigration, there are some things that you should be aware of:

I am in charge of the English-as-a-second-language department at a large southern California high school which is designated a Title 1 school, meaning that its students average lower socioeconomic and income levels.

Most of the schools you are hearing about, South Gate High, Bell Gardens, Huntington Park, etc., where these students are protesting, are also Title 1 schools.

Title 1 schools are on the free breakfast and free lunch program. When I say free breakfast, I'm not talking a glass of milk and roll -- but a full breakfast and cereal bar with fruits and juices that would make a Marriott proud. The waste of this food is monumental, with trays and trays of it being dumped in the trash uneaten. (OUR TAX DOLLARS AT WORK)

I estimate that well over 50% of these students are obese or at least moderately overweight. About 75% or more DO have cell phones. The school also provides day care centers for the unwed teenage pregnant girls (some as young as 13) so they can attend class without the inconvenience of having to arrange for babysitters or having family watch their kids. (OUR TAX DOLLARS AT WORK)

I was ordered to spend \$700,000 on my department or risk losing funding for the upcoming year even though there was little need for anything; my budget was already substantial. I ended up buying new computers for the computer learning center, half of which, one month later, have been carved with graffiti by the appreciative students who obviously feel humbled and grateful to have a free education in America. (OUR TAX DOLLARS AT WORK)

I have had to intervene several times for young and substitute teachers whose

classes consist of many illegal immigrant students here in the country less than 3 months who raised so much hell with the female teachers, calling them "Putas" whores and throwing things that the teachers were in tears.

Free medical, free education, free food, day care etc., etc., etc. Is it any wonder they feel entitled to not only be in this country but to demand rights, privileges and entitlements?

To those who want to point out how much these illegal immigrants contribute to our society because they LIKE their gardener and housekeeper and they like to pay less for tomatoes: spend some time in the real world of illegal immigration and see the TRUE costs.

Higher insurance, medical facilities closing, higher medical costs, more crime, lower standards of education in our schools, overcrowding, new diseases etc., etc, etc. For me, I'll pay more for tomatoes.

We need to wake up. The guest worker program will be a disaster because we won't have the guts to enforce it.

Does anyone in their right mind really think they will voluntarily leave and return?

There are many hardworking Hispanic/American citizens that contribute to our country and many that I consider my true friends. We should encourage and accept those Hispanics who have done it the right and legal way.

It does, however, have everything to do with culture: A third-world culture that does not value education, that accepts children getting pregnant and dropping out of school by 15 and that refuses to assimilate, and an American culture that has become so weak and worried about "politically correct" that we don't have the will to do anything about it.

If this makes your blood boil, as it did mine, forward this to everyone you know.

CHEAP LABOR?

Isn't that what the whole immigration is-

sue is about?

Business doesn't want to pay a decent wage

Consumers don't want expensive produce  
 Government will tell you Americans don't want the jobs

But the bottom line is cheap labor. The phrase "cheap labor" is a myth, a farce, and a lie. there is no such thing as "cheap labor."

Take, for example, an illegal alien with a wife and five children. He takes a job for \$5.00 or \$6.00/hour. At that wage, with six dependents, he pays no income tax, yet at the end of the year, if he files an Income Tax Return, he gets an "earned income credit" of up to \$3,200 free.

He qualifies for Section 8 housing and subsidized rent.

He qualifies for food stamps.

He qualifies for free (no deductible, no co-pay) health care.

His children get free breakfasts and lunches at school.

He requires bilingual teachers and books.

He qualifies for relief from high energy bills.

If they are or become, aged, blind or disabled, they qualify for SSI. Once qualified for SSI they can qualify for Medicare. All of this is at taxpayer's expense.

He doesn't worry about car insurance, life insurance, or homeowners insurance.

Taxpayers provide Spanish language signs, bulletins and printed material.

He and his family receive the equivalent of \$20.00 to \$30.00/hour in benefits.

Working Americans are lucky to have \$5.00 or \$6.00/hour left after paying their bills and his.

The American taxpayer's also pay for increased crime, graffiti and trash clean-up.

Cheap labor? YEAH RIGHT!

Wake up people.

Jerusalem **OBITUARIES** 33 AD



### Calvary

Jesus Christ, 33, of Nazareth, died Friday on Mount Calvary, also known as Golgotha, the place of the skull. Betrayed by the apostle Judas, Jesus was crucified by the Romans, by order of the Ruler Pontius Pilate. The causes of death were crucifixion, extreme exhaustion, severe torture, and loss of blood.

Jesus Christ, a descendant of Abraham, was a member of the house of David. He was the Son of the late Joseph, a carpenter of Nazareth, and Mary, His devoted Mother. Jesus was born in a stable in the city of Bethlehem, Judea. He is survived by His mother Mary, His faithful Apostles, numerous disciples, and many other followers.

Jesus was self educated and spent most of his adult life working as a Teacher. Jesus also occasionally worked as a Medical Doctor and it is reported that he healed many patients. Up until the time of His death, Jesus was teaching and sharing the Good News, healing the sick, touching the lonely, feeding the hungry, and helping the poor.

Jesus was most noted for telling parables about His Father's Kingdom and performing miracles, such as feeding over 5,000 people with only five loaves of bread and two fish, and healing a man who was born blind. On the day before His death, He held a Last Supper celebrating the Passover Feast, at which He foretold His death.

The body was quickly buried in a stone grave, which was donated by Joseph of Arimathea, a loyal friend of the family. By order of Pontius Pilate, a boulder was rolled in front of the tomb. Roman soldiers were put on guard.

In lieu of flowers, the family has requested that everyone try to live as Jesus did. Donations may be sent to anyone in need.

### Not Everything Is Lost

(Continued from page 9)

from Argentina, the traveler from California, the lovely woman from Laredo -- we were all covered with the same powdered sugar. And smiling. There are no better cookies.

And then the airline broke out the free beverages from huge coolers -- non-alcoholic -- and the two little girls for our flight, one African-American, one Mexican-American -- ran around serving us all apple juice and lemonade and they were covered with powdered sugar, too.

And I noticed my new best friend -- by now we were holding hands -- had a potted plant poking out of her bag, some medicinal thing, with green furry leaves. Such an old country traveling tradition. Always carry a plant. Always stay rooted to somewhere.

And I looked around that gate of late and weary ones and thought, "This is the world I want to live in. The shared world. Not a single person in this gate -- once the crying of confusion stopped -- has seemed apprehensive about any other person. They took the cookies." I wanted to hug all those other women, too. This can still happen, anywhere.

Not everything is lost. †

### Heart Attack cont.

(Continued from page 10)

car that you need to be saved! The Paramedics do, principally OXYGEN that you need ASAP. Your Dr. will be notified later.

3. Don't assume it couldn't be a heart attack because you have normal cholesterol count. Research has discovered that a cholesterol elevated reading is rarely the cause of an MI (unless it's unbelievably high, and/or accompanied by high blood pressure.) MI's are usually caused by long-term stress and inflammation in the body, which dumps all sorts of deadly hormones into your system to sludge things up in there. Pain in the jaw can wake you from a sound sleep. Let's be careful and be aware. The more we know, the better chance we could survive... †

## Keep The Bell Ringing

Submitted by Christine Burkett

### I KNOW WHO I AM

I am God's child (John 1:12)  
 I am Christ's friend (John 15:15)  
 I am united with the Lord (1 Cor. 6:17)  
 I am bought with a price (1 Cor. 6:19-20)  
 I am a saint (set apart for God). (Eph. 1:1)  
 I am a personal witness of Christ (Acts 1:8)  
 I am the salt & light of the earth (Matt. 5:13-14)  
 I am a member of the body of Christ (1 Cor 12:27)  
 I am free forever from condemnation (Rom. 8: 1-2)  
 I am a citizen of Heaven. I am significant (Phil.3:20)  
 I am free from any charge against me (Rom. 8:31-34)  
 I am a minister of reconciliation for God (2 Cor.5:17-21)  
 I have access to God through the Holy Spirit (Eph 2:18)  
 I am seated with Christ in the heavenly realms (Eph. 2:6)  
 I cannot be separated from the love of God ( Rom.8:35-39)  
 I am established, anointed, sealed by God (2 Cor.1:21-22)  
 I am assured all things work together for good (Rom. 8: 28)  
 I have been chosen and appointed to bear fruit (John 15:16)  
 I may approach God with freedom and confidence (Eph. 3: 12)  
 I can do all things through Christ who strengthens me (Phil. 4:13)  
 I am the branch of the true vine, a channel of His life (John 15: 1-5)  
 I am God's temple (1 Cor. 3: 16). I am complete in Christ (Col. 2: 10)  
 I am hidden with Christ in God (Col. 3:3). I have been justified (Romans 5:1)  
 I am God's co-worker (1 Cor. 3:9; 2 Cor 6:1). I am God's workmanship (Eph. 2:10)  
 I am confident that the good works God has begun in me will be perfected (Phil. 1: 5)  
 I have been redeemed and forgiven (Col. 1:14). I have been adopted as Gods child (Eph 1:5)

I belong to God

**Kum Doubles Sunday  
School Class**

**First United Methodist Church**

211 W. Third St.  
Irving, TX 75060

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FUMC Fax: 972 254-2498  
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Vice President	Doug Pierson
Secretary	Shirley Reynolds
Treasurer	Harrold Henson

**Committees**

Party	Pat Love, Shirley Carver, Mary Holcomb
Sunshine	Sylvia Mayhew, Jamie Pierson, Jan Dame
Nominating	Christine Burkett George Adamson Judy Dayton

**Missions Coordinators** Anna Wilkins, Ed Dame

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1st Sunday	Jim Street
2nd Sunday	Jan Dame
3rd Sunday (Alternating)	Gayle Baggett, Pat Clough
4th Sunday	Danny Parsons, Doug Pierson, Harold Henson
5th Sunday	Guest Speaker

**Kum Doubles members serving elsewhere during**

**Sunday School:**

Dottie Creech	SS Secretary
Paul Creech	Sonrise Village
Allan Knott	Covenant Class Teacher
Pam Knott	Covenant Class Teacher
Mary Lou Niethamer	Ass't SS Secretary

**MISSION STATEMENT**

to be developed

**VISIT US**

Come as you are for coffee, fellowship and good Bible based instruction. We meet each Sunday morning [9:00 A.M. to 10:00 A.M.] in room 315 [3rd floor at top of stairway near elevator].

**CONTACT US**

To activate prayer chain—Sylvia Mayhew [Phyllis Street, if Sylvia unavailable]  
General questions—Marni Monty  
FUMC Christian Education Director—Carly Abel 972 253-3531 ext. 27  
Newsletter—Jim Dayton  
Website—Doug Pierson

**SEND US NEWSLETTER MATERIAL**

We're always seeking stories and news for the newsletter. Please submit information on anything you think the class would enjoy. We'd love to hear you brag about your children or grandchildren. Forward me the emails that you get—inspiration, politics, jokes, one-liners, etc. What about photos that you think the class would enjoy? What about a letter to the editor expressing your opinion?

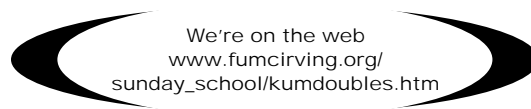
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**ALL BACK ISSUES OF THE NEWSLETTER**, both *Kum Doubles Kapers* and *The Messenger*, are available on the web at:

[www.fumcirving.org/sunday\\_school/kumdoubles.htm](http://www.fumcirving.org/sunday_school/kumdoubles.htm)

**THE NEWSLETTER PRAYER REQUEST PAGE** is only published in the classroom edition of the newsletter. If you receive the KUM DOUBLES MESSENGER over the internet, and you would like to receive the prayer request pages, please contact Jim Dayton or a member of the class to make arrangements for receiving those pages.

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